



Social Impact Report

For

Nepal and Srilanka

April to December: 2017

Projects and Contribution made.

TEACHING PROJECTS.

Enhancing the quality of child hood education in local government schools, Non formal education centres, schools for any specific migrated community or any other formal or non-formal underprivileged children's school, one of Idex's most influential and beneficial interventions area .

The period of April to December 2017, 105 international volunteers contributed 1274 working days by 6 schools within SriLanka and Nepal these efforts directly affected approximate 890 children with by 3560 connected family members and project staffs and international volunteers were deployed in need, making immediate and long term contributions.



MONKS TEACHING PROJECT

As a part of enhancing quality education Idex started to support Buddhist community schools. The students that were coming to the school belonged to Hill tribes and mostly deprived of basic amenities. In these monasteries and schools they get free education to study secular subjects, Millennia-old Buddhist doctrine and other religious activities, they practice their religion and rebuild their cultural heritage along with education. Due to globalization and other developments, there is a great need and desire for young monk to learn English if they are spread the teaching of Buddha and communicate effectively with outside people.



From April to December 23 international participants were involved at the project in SriLanka and contributed their 1760 hours to this project. Approximate 28 monks get direct benefited by 352 working days of volunteers.

CHILD CARE PROJECTS.

The purpose for IDEX's involvement with various childcare projects was to increase the attention of child care's purpose and importance, to provide better care and educational services for the community's children and young mothers. When day care centres are used it allows older siblings to attend school since they no longer have to take care for their younger brothers and sisters. These projects were extremely under-funded, have limited staff and usually have poorly managed.

From April to December -2017, IDEX supported 4 Childcare projects that were in need of additional staff and resources 63 IDEX volunteers and IDEX staff in that particular locality served, 214 children and 856 families. IDEX volunteers and staff made a variety of valuable contributions to these local institutions, including:



WOMEN EMPOWERMENT PROJECTS.

In last 3 quarters IDEX supported 4 women group through 60 International volunteers and IDEX staff with 807 working days which direct impacted approximate 103 women and adolescent girls in their literacy, social skills and computer knowledge. These groups included both women and adolescent girls from a variety of disadvantaged background in communities where discrimination and unequal opportunities for women and commonplace.



RENOVATION AND BEATIFICATION.

I dex encourages its volunteers to take the initiative to build, renovate and beautify common public facilities like government schools, Day care centres etc. I dex identified those schools, community centres which need support or not very attractive or do not have the learning atmosphere for children. We are working to make such type of centres attractive with child friendly aspects

In the period of April to December 2017, 17 international volunteers served their services and completed 5 projects in the period



MEDICAL AND NURSING.

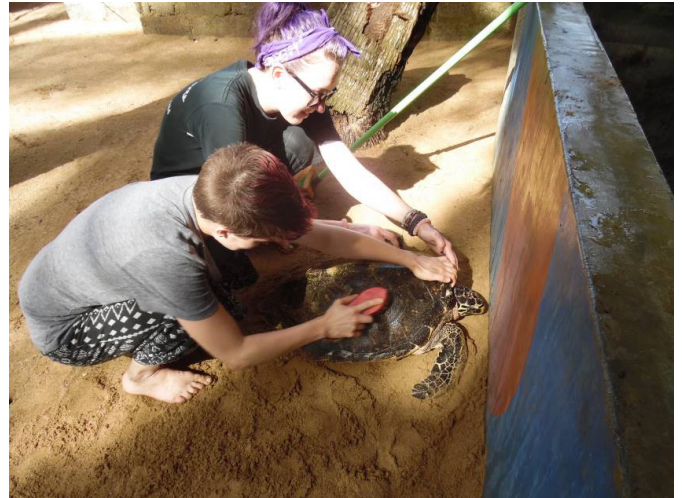
I dex run medical care & educational program to support public hospitals to ensure quality health services to common mass.

6 medical volunteers were contributed such program in Nepal in the given period of the year-2017



TURTLE CONSERVATION AND CARE

IDEX has started to support an intervention for saving sea turtles' lives, our main aim to prevent further decline in the population and protect turtles by ensuring viable nesting and feeding populations. We are working with local people for saving sea turtles, as these innocent animals cannot protect themselves. On the other hand, a lot of turtles get killed because of consumption of eggs and their meat, demand of their shells for decoration, injury from fishing and a million of turtles died because of no care or treatment. Our commitment is to support the local team to help & protect these critically endangered sea turtles. Volunteer work includes protecting turtles' nests, hatching eggs, collecting turtle eggs, feeding turtles, caring for and treating turtles that are victims of commercial fishing and various illnesses. Cleaning the beach and turtle tanks, releasing turtles back to sea and educating community for saving sea turtles.



In last three quarters 2017, there were 29 customers supported this project their 2710 precious hours in 542 working days.

Elderly Citizens Direct Care:

In traditional Indian subcontinent families a home generally shared between three to four generations however due to poverty and sickness in rural areas, families can be separated, leaving the elder family members alone and uncared for. This is a particularly sensitive issue very much prevalent but unseen in the society that esteems the elderly with great deference. As a result, even with limited resources, public institutions have been setup to care for the elderly who are absent of a family. However, like most social service institutions in disadvantaged areas, these residencies are usually over-crowded, under-resourced, and under-staffed, producing an environment that is generally uncomfortable and lonely for the residents.



IDEX international volunteers have also contributed to this social cause working by 16 days to helping people in need during period of April to December 2017

SOCIAL IMPACT IN NUMBERS- NEPAL

During this period we have got in total 186 volunteers in Nepal that translated into community action by 2536 working days, the brief as mentioned below:

Project-type	Project -Name	No of vols	Working days	Vol's contributi on hours	Children/ beneficiarie s benefitted	Connected family benefitted	Total beneficiaries
TEACHING PROJECTS	Milky way School	42	472-days	2360-hrs	300	1200	1500
	Ages Secondary School	16	272-days	1360-hrs	93	372	465
	CM Pathsala- School	21	329-days	1645-hrs	210	840	1050
CHILD CARE PROJECTS	Cosmos Kindergarten	12	193-Days	965-hrs	85	340	425
	Holy Spirit Pre-Primary School/child care	22	344-days	1720-hrs	55	220	275
WOMEN EMPOWERMENT	Sarswati Women Centre	34	440-days	2200-hrs	25	100	125
	Lily flower Women Centre	18	245-Days	1225-hrs	35	140	175
	C.M pathsala- Women class	1	18-days	90-hrs	18	72	90
MEDICAL AND NURSING	Stupa Community Hospital	6	87-Days	435-hrs	148	592	740
RENOVATION AND BEATIFICATION	Himsheela Boarding School and 2 more community project	10	104-days	520hrs	3 projects	-	3
ELDERLY CARE PROJECT	Elderly Home	2	16-days	80-hrs	8	32	40
Total		186 - vols	2536 - days	12680-hrs	1035-benficiarie s	4018	5053- T beneficiaries

SOCIAL IMPACT IN NUMBERS- SRILANKA

During this period we have got in total 127 volunteers in Nepal that translated into community action by 1656 working days, the brief as mentioned below:

Project-type	Project -Name	No of vols	Working days	Vol's contribution hours	Children/ beneficiaries benefited	Connected family benefitted	Total beneficiaries
TEACHING PROJECTS	Vidya wardana Mahavidyalaya - Pelavatta	11	148-days	740hrs	37	148	185
	M.D.H Primary School	10	17-days	85-hrs	50	200	250
	Cathedral collage	5	36-days	180-hrs	200	800	1000
MONKS TEACHING	Sri Subodaramaya Monk Teaching	23	352-Days	1760-hrs	28	112	140
CHILD CARE PROJECTS	Saint Vincent Day Care Center	23	326-Days	1630-hrs	59	236	295
	Little Sun Flower Day Care Centre	6	66-days	330-hrs	15	60	75
WOMEN EMPOWERMENT	Women Empowerment, Community, Pelawatha	7	104-days	520-hrs	25	100	125
RENOVATION AND BEATIFICATION	Shri Sbodhmaya school and one more	7	19-days	95-hrs	2 projects	-	2
TURTLE CONSERVATION AND CARE	Turtle conservation and research centre	29	542-days	2710-hrs	67	67	67
Total		127 - vols	1656 - days	8280-hrs	584-benficies	1925	2442- T beneficiaries

SUCCESS STORIES:

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VOLUNTEERS SPEAK

Georgia Houghton – Sri Lanka

My name is Georgia Houghton and i have just currently finished my 4 weeks at my Colombo Sri Lanka project. My project including me going to the child care center through the week and helping/playing with kids from the age of 2-5 in the mornings. In the afternoon I was than teaching older kids English. I liked this project a lot and found it very rewarding. I would defiantly recommend it to other people. Both Managers helped me a lot at the child care center and also at the camp on planning my lessons. They were both very helpful and would answer all questions that I asked. The food and accommodation I was both very happy will as well. My room was always very clean as well as the living room and bathrooms were very hygienic. As I am a vegetarian as well the food was always very nice and there was not once were I did not like it or there was not enough. My weekends trips have been interested but I didn't find these very planned very well with different activities. I have learnt a lot about the sri Lankan culture and am very happy with my trip.

Being here in Sri Lanka and teaching English was a great experience for us.

It was so nice to meet so many students of the Cathedral Boys School. They were all so friendly and happy.

At the IDEX House we really felt like home. Everyone was so welcoming, we really appreciate it.

We are very happy to be able to give such a positive feedback.

Thank you again. We wish you all the best.


Alisa & Jan

To the most amazing team at IDEX!! -

I can't thank you enough for all that you've done for me and the rest of the group during our time here in Nepal. I had the best time here, and have made memories that will last a lifetime.

I will definitely volunteer with IDEX again in the future - so maybe see you around in the future :)

Much love to you all,
 Emma and Australia.



The best group ever - December 2017

DEAR IDEX -TEAM

I HAD AN AMAZING TIME HERE IN NEPAL AT THE IDEX-CAMP. I MET SO MANY LOVELY PEOPLE WHO I MISS ALREADY SO MUCH! ALSO THE IDEX TEAM WAS ALWAYS VERY NICE AND HELPFUL! IN THE MORNING I HAD THE AMAZING OPPORTUNITY TO BE PART OF THE ELDERLY-HOME PROJECT WHICH WAS A GREAT EXPERIENCE WHICH I WON'T GIVE A MISS AT ALL. I HAD THE BEST TIME WITH ALL THE OLD PEOPLE AND IT WAS AN HONOR TO TAKE CARE OF THEM, PLAY WITH THEM AND MAKE THEM SMILE. I ALMOST CRIED WHEN I HAD TO SAY GOODBYE TO THEM. IN THE AFTERNOON I WENT TO THE ORPHANAGE (SOLU) WHICH WAS ALSO A NICE EXPERIENCE TO SPEND TIME WITH THE KIDS.

I THANK YOU A LOT IDEX TEAM FOR THE NICE TIME HERE!

WILL MISS NEPAL, YOU
AND MY OLD PEOPLE
A LOT!

THANK YOU + MANY KISSES
OLIVIA (cousin Switzerland)

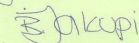
I arrived on the 10th september in Colombo. Since then I feel so good. The accommodation is very good. We have everything we need. It feels like a family here. The food is delicious and very varied. We also could try to cook Sri Lankan food - it was very interesting. They involve us in different things. The staff is so friendly and helpful. They are always here for us, they care for us - the staff is doing a very good job.

The work at the child care center is very interesting. We can help the children & bring our own ideas for the lessons. The staff offer us different possibilities to plan the lessons. If we need something or for questions they always help us. I gained a lot of experience. We have easy and also hard days but it's always fun with the kids.

The organisation of the two weekend-trips was very good. We had such a friendly driver, delicious food (good restaurants) and a good hotel. We did different stuff and had a lot of time to enjoy this. If we had other wishes for the trips they always tried to change the plan. I recommend this trips to everyone.

The accommodation has a very big garden. I would like to have more possibilities to do something in the garden (more lights, deck chairs). Everything else is very good. I'm thinking to stay longer here. I feel very comfortable. A closet would be also good because the sleeping rooms are a little bit too small for four people and all the clothes,...

Besa Jakupi, Switzerland



28.09.2017

Nicole Wieland, Switzerland, here since 3 weeks

Camp

I feel really comfortable at the camp. The people here is friendly, and you can ask everything. Maren and her kitchen-team serve us delicious meal. The room is clean and the bed is convenient. If there were four people in it, it would be of course closely. But for me and my ~~was~~ colleague is it suitable, because we can put our clothes on the free beds.

The possibilities to do some sport or go for a walk are in this area quite small.

Work

I like the work I have to do, because it is very varied. We can do whatever we want and work with our own ideas. I'm really happy to be with my colleague because we cooperate perfect. It's a pleasure to see, how the children always are happy when we come. Although the hygienic circumstances are

really bad I can adapt and try my best.

Weekendtrips

I did both weekendtrips and can recommend them to others. It's comfortable to have the own driver who brings you secure to all the spots. So you can relax between and enjoy the temple, parks...

I will thank to Lokum and Chatham for ~~the~~ your good information and instructions.

For me it was a special experience and I will go home with a lot of wonderful impressions. ☺

Nicole

Hey! My Name is Saoirse I'm from Cork, Ireland. My IDEX projects were Lilly Flowers women's empowerment + the orphanage. I wanted to do a women's empowerment project because I think that it is important for women to be able to speak + think freely and to express themselves. Working in the orphanage was also important to me. I was lucky enough to have a positive + supportive upbringing, and this project was a special opportunity for me to give back. I couldn't recommend IDEX or my projects more highly. The women at Lilly Flower are so funny + eager to learn, I was so impressed with how welcoming + grateful they were. The children at the orphanage are ~~the~~ truly special. They are so funny + warm, I loved spending time with them and getting to know them a little. The team leaders at IDEX are amazing. They made us feel right at home from the minute we walked through the door. If you are here on experience + ~~broader~~ broadening your horizons, choose Kaituma, and choose IDEX! ☺.

Report Volunteer-Week

Holy Spirit Childcare

5.7.9.2017

Magdalena Werner

As I did my first steps into the Pre-Primary School I was completely overwhelmed by the noise and the chaos that was prevalent... Then I was stunned about the speed that the kids had while running and chasing each other. From the first moment on I tried not to compare to Switzerland, that would not have been reasonable and correct. Luckily there were Pia and Megan, who could show me a little bit around and let me know the most important things, otherwise I would have been quite lost - since the teachers could not talk to me as much.

I really enjoyed the circle-time in the beginning, this ritual is really nice to watch and observe, even though I could not quite follow the prayers and rhymes. From the first moment on I realized how mean and naughty some kids were to the others, sleeping, pulling, pinching and even choking were exercised. To see this was for me not that easy, because I am simply not used to that way of "playing" with each other... With the time I got used to the punishment that teacher are practicing and I found it not that bad as I thought it would be first, because they mostly did not actually punish the kids, it was more a threat.

Sometimes it was actually really difficult to speak with the children, because I knew exactly that they are not able to speak English that good. I knew also that it cannot be easy for them to experience that many changes with the Volunteers, and that some of them feel very nervous.

But I had the feeling that I got into some of them and that I managed to make some friendships with one or another of them. It felt really good realizing that I had the trust of them, that they were not afraid of me no more. When they crawled on my knees or took me by my hand, then I felt "like being at the right place with them". But sometimes I did not - especially when the teachers feed them or we should try to handle the class alone, without the ability to communicate to them (language barrier or misunderstandings) and without the strength over the class.

Sometimes, I thought that it would be easier not to be with such little kids that need real reference persons and not so many changes. When the kids were a little bit older, we could maybe help more actually because they already understand us better and we can try to communicate. Of course, the body language plays the biggest role - but I think that Nepal and European people have actually not quite the same body languages (for example when it comes to feeding or like mentioned punishment).

All in all though I must say that I got to love these little human beings way more than I expected! Having the trust and the confidence of a little child is a big present and I felt honored when they climbed on my legs! I saw it as a reward, as a drop into my observation - and since they did not know me before, this meant really much to me!

For more, please click below link

Nepal :

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SriLanka :

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ENCOURAGING SIGNS

IDEX formative years of involvement in social initiatives started in 2001 within a single rural community of Rajasthan. At the time IDEX resources and experience were limited and project was supported only with very less number of partners and international participants but today IDEX network extends across 7 locations in five very popular countries in Asia and committed to sustained development of communities in need.

We made all research on introducing new location, South Africa and now we have launched our operations there. So Cape Town is going to be next destination in our portfolio.

Training and sensitization program of Location Managers: a training program was organised in Jaipur (India) including all location Managers to improve the quality of the projects it was aimed to maximize volunteer's satisfaction on the one hand and better social impact on the community to the others