

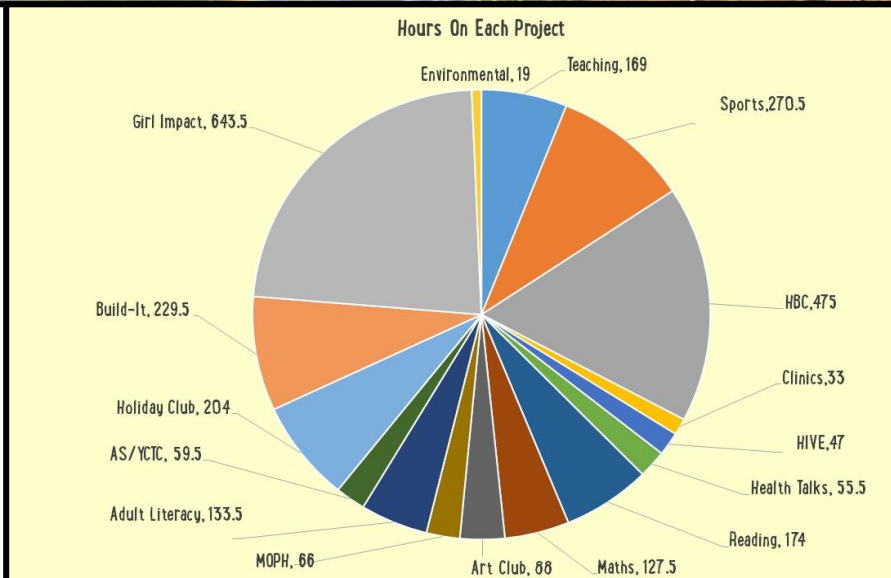
# Livingstone Community Projects

October – December 2017

36 Volunteers

16 Nationalities

2795 Hours Volunteered



AVG TEMP:

25



NYANJA LESSON:

Kuti?

ENGLISH TRANSLATION:

Where?

WHAT'S NEW ON THE GROUND?

- We welcomed a new Business Manager to the team, Kath from the UK. Our previous 'BM', Jen, has now stepped up to Operations Manager for every single African Impact project – congratulations!
- In early December, we started our Christmas Holiday Club to provide children with a safe place to learn and play until school resumes in late January.
- Teaching volunteers have started computer skills classes for students at Mwandi Community School!

## MEDICAL PROJECT ACHIEVEMENTS

- Volunteers completed an HIV education course at Lumuno Training Center in Livingstone. 32 students attended and learned about the transmission, prevention, and treatment of HIV, each getting a certificate of completion at the end.
- We saw a 15% improvement in pre to post test scores for our women's health course at Lumuno Training Center, where we covered topics including female hygiene, balanced diets and pregnancy.
- Volunteers impacted 1,042 people from various Livingstone communities, including the surrounding rural villages, through home-based care sessions and assistance at clinics.





# TEACHING PROJECT ACHIEVEMENTS

- This quarter, at the wonderful Mwandi Community School, we've been working on computer training with the children in their new computer laboratory! With the school having this resource and a constant stream of fantastic, knowledgeable volunteers coming in, we aim to start a computer club to run throughout the year.
- December kicked off with the start of our Christmas Holiday Club at Linda Community School. During Holiday Club, we've provided valuable academic lessons to keep the children's skills sharp over their school breaks, while also having a ton of fun with arts and crafts, sports, and dance lessons!

AND it's the time of year that you've all been waiting for; the end of year Maths Club results ARE IN:

- We've seen some terrific improvement from all groups, but the Mwandi Community School Grade 6 managed an average score improvement of 20%!
- Linda Community School Grade 6 boys improved by 16%
- Linda Community School Grade 6 Girls improved by 14%

There was a huge correlation between percentage improvement and sessions attended, so we found the final test averages were dragged down by students who had never attended Math's Club (or just attended one or two sessions), and yet we still see such considerable strides looking at the averages! There have been some legendary success stories from the regular attendees (of which there are many) and they've been a thrill to work with.

WE SALUTE YOU, MATHS CLUBBERS!



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## SPORTS PROJECT ACHIEVEMENTS

- Volunteers showed off their moves by teaching dance lessons at various Livingstone schools. Many forms of dance were covered, including salsa dancing, break dancing, hip hop dancing, and modern dancing!
- We saw huge improvements in the children's knowledge of health and the human body topics we had been studying in P.E and Health Club through our pre and post-tests, as well as unquantifiable improvements in sportsmanship, leadership and inclusivity!
- We rounded off a wonderful year of P.E lessons at Libuyu Community School, Mwandi Community School, Linda Community School and Libala Primary School with some fun reward sessions. WE THREW THE TEXTBOOKS OUT THE WINDOW as a reward and focused entirely on whatever the kids wanted, having learnt a huge number of new sports throughout the year. Of course, they loved every minute and are chomping at the bit to start in 2018 – Here's to another great year!



"The local people are so kind and they really appreciate the work we do for them. I made an impact on their life, but they also made an impact on my life. It's such a lovely feeling when you see them being happy. It makes your day. For so far, it was the best experience in my life! Livingstone feels like home after these weeks and I will definitely come back one day!" - Delphine, Volunteer, December 2017

## BUILD-IT PROJECT ACHIEVEMENTS

- We completed a dividing wall at a local school that will give students a tidier and safer atmosphere to learn during school lessons.
- Volunteers painted a beautiful mural at the same school, featuring an underwater scene with various sea creatures expertly painted. Great work, guys!
- Our awesome team of volunteers helped set up toilet blocks at Mwandi Community School, promoting better sanitation and hygiene for the children.
- Community Liaison, Solomon, and his team of building volunteers held a waste management workshop at Linda Community School to teach children how to properly dispose of waste in a safe and eco-friendly way.



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## GIRL IMPACT PROJECT ACHIEVEMENTS

- Both of our grade 5 boys' and girls' groups completed a segment on consent and sexual assault, which taught them valuable lessons on healthy relationships, bodily autonomy, bystander intervention, and self-defense! Students are now well equipped to take ownership of their own bodies, respect the boundaries other people have for their bodies, and protect themselves and others from assault.
- In October, our long-awaited celebration for International Day of the Girl Child took place. The girls were treated to a well-deserved party complete with dancing, games, pizza, and nail painting. To top it all off, we held a fundraiser for the Girl Impact program which brought in over \$100! Woohoo!

As a reward for their excellent attendance and commitment to learning new computer skills, our women's group were taken on a trip to the Livingstone Museum. This was a great opportunity for the women to share their history and culture with volunteers.

- We completed women's health education courses with our women's group and Mwandi Community's Girls Determination Club!
- Over 100 menstruation kits were donated by our volunteers from CIS Australia and were distributed to teen girls across Livingstone to help them stay in school during their periods.



## VOLUNTEER JASMINE'S UNDER THE SPRAY ADVENTURE!

"I did many activities in Livingstone during my 3-week stay volunteering for African Impact. My favorite was swimming under the spray. We arrived at the falls around 10am, greeted by a friendly guide, then walked for about 45 minutes to the boiling pot on the Zambezi River. After carefully navigating through the rocks, we arrived to our rafts. It took us another 10 minutes to raft to our swimming spot. Once we arrived I was completely captivated by the scenery. It was the most beautiful thing I have ever seen. The falls are so tall you can't even see the beginning of the water fall! The spray trickles down on you while you float around the natural pools peacefully admiring the view. This was by far the best activity I did while in Livingstone, I recommend it to everyone!"



## VOLUNTEER SHAINA'S EXPERIENCE!

"My stay in Livingstone was an experience of a lifetime. Everything from the projects to the activities, the culture, the local and the food was incredible. I did the teaching project and worked mostly with grade 4-6. The experience and time I spent with the kids was completely life changing and it opened my eyes to so many things I never knew I would see and be a part of. I even did some medical and farming projects which was a lot of fun."

See you in 2018...

The Livingstone Team

